

Redstone Rocket

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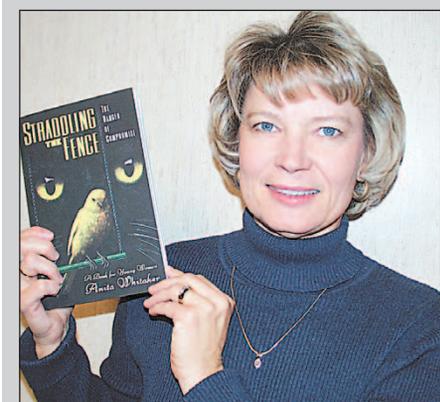
December 18, 2002

Hail or farewell



Oregon native
lands in South
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Post profile



Author's first book
inspired at church
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Win or lose



Bowler qualifies
for national final
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Residents invited to deliver child care

Certified providers
earn extra money

By JIM BOWNE
For the Rocket

There is a critical need for additional child care providers, according to Gena Wade Jones, Family Child Care Program director.

There are only three child care providers. "We simply do not have enough providers for the number of housing units we have," Jones said. "We really need to have at least 15 qualified providers."

A child care provider gives child care in a home setting rather than in the Child Development Center, for example. "The ages of the children under the care of a qualified provider are between 6 weeks to 12 years old," Jones said. "This includes after-schoolers."

One reason for shortages of child care providers is that military personnel move frequently. "However, the good side of that is that once a provider gets set up on their next post, they can request that their training records be forwarded to them," Jones said. "This way they can pick up right where they left off."

There are two categories of homes for child care — multi-age homes and infant homes. "Multi-age homes are those in which there can be up to six children of



Photo by Jim Bowne

FULL HOUSE— From left Genny Pugh, a child care provider, helps Shandi Burrows, 2 and a half, while Gena Wade Jones, family child care program director, watches Anyiah McCrimmon, 2. Pugh and her husband, SSgt. Richard Pugh, and their six children reside on Tripp Drive.

various ages," Jones said. "Infant homes are those in which there are no more than three infants under the age of 2 being cared for."

Although there's no age requirement for becoming a child care provider, most

See Providers on page 11

Diabetes doesn't mean denial of sweet treats

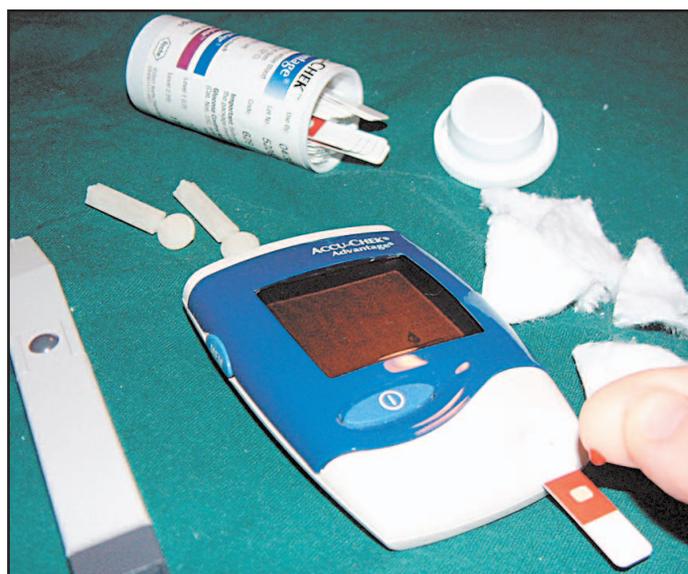


Photo by Sandy Riebeling

HEALTH CHECK— It's important for diabetics to monitor glucose levels regularly, especially during the holidays because added stress and a few extra cookies can raise glucose levels without warning signs.

With planning, festive foods
can fit into diabetes regimen

By SANDY RIEBELING
Staff writer
sandy@htimes.com

Christmas time is a season built around traditions — exchanging gifts, time with friends and lots and lots of good food. It's also traditionally a tough time of year for diabetics who for years have been told that indulging in the sweet treats is a big no-no.

"The thinking on that has really changed," Nadine Pazder, registered dietitian and certified diabetes educator at Morton Plant Hospital in Clearwater, Fla., said.

According to Pazder, a large clinical trial in the 1980s to study the effects of insulin netted an unexpected discovery.

"What we found out is that a carbohydrate is a carbohydrate," she said. "A cookie, baked potato, slice of bread all had the same effect on glucose levels. It really changed diabetes management with respect to diet."

Based on research, the diabetic meal plan now focuses on balancing carbohydrates at each meal vs. the strict exchange system that has been used for decades.

See Diabetes on 13

Army leaders send holiday greetings

During the holidays, families gather to share in the celebrations of the season. Our Army family is unique — among us, we share a special bond, a common understanding of the inherent sacrifices and hardships of being an Army family. So we are additionally blessed to be able to celebrate our special heritage — the legacy of hope that our soldiers represent to the nation.

On a bitter-cold Christmas night in 1776, General George Washington and his Continental Army crossed the Delaware River to execute a bold plan against the British forces. Driving sleet and snow made the freezing temperatures all the more unbearable. Despite those harsh conditions, the soldiers did not complain — some of them had no shoes; some wrapped rags around their feet to help keep them warm; still others remained barefoot. As one of General Washington's staff officers recorded, the soldiers were "ready to suffer any hardship and die rather than give up their liberty." In the most difficult conditions, against the greatest odds, the soldiers performed magnificently, and their victory in the Battle of Trenton the day after Christmas renewed the hopes of freedom in the American Revolution.

And undiminished still today is that same spirit of determination, perseverance, selfless service and courage that

moved the soldiers of the Continental Army on Christmas night in 1776. We share in the enduring legacy of those who first fought and died to win our freedom — we stand on the shoulders of the brave men and women who have preceded us.

We know that we do not soldier alone. With each of our soldiers on point in more than 120 countries around the globe is the spirit of a tremendous family — a family whose courage, sacrifice and steadfastness are inspiring to us all. And all of our efforts, all of our successes, all of our magnificent moments as an Army will continue to be delivered by our people — soldiers, civilians, veterans, retirees and all of their families. We are grateful for their commitment, their loyalty and their devotion.

We could not be more proud of all of you and of the magnificent work you do each and every day to preserve the gifts of hope and of freedom that we cherish. May you have a safe, fulfilling and joyful holiday season and a prosperous New Year. God bless each of you and your families, God bless the Army, and God bless this great nation.

Thomas White
secretary of the Army;
Gen. Eric Shinseki
chief of staff

Movie rental policy reviewed

I am writing in response to the Redstone One Stop's policy on movie rentals and their late fees. Recently I rented a movie on Thursday that was due back on Saturday at a cost of \$2.75. Having other obligations on Saturday I decided to enjoy the movie for an additional day of extended viewing. The policy posted for such viewing: "Extended viewing fees will equal the rental fee per item per day if an item is returned late."

Upon returning the movie the cashier charged me \$2.75, the price for a two evening rental. Having been overcharged

by the establishment on each of my last three visits, I challenged her she then called the manager on duty who informed me that the price for extended viewing was \$2.75 per day and that I would have to see the manager Mr. Overcast on Monday if I wished a refund of my overcharge on this occasion as they would have to change their policy to charge me \$1.38 as their policy states.

Visiting Mr. Overcast on Monday and discussing this matter at length, I was

See Rentals on page 3

Answer provided to job applicant

I would like to know the full procedure for people who have applied on jobs. Are the organizations required to let the applicant know the status of the position applied for and if so, what kind of time frame does CPOC have to inform the applicant of the status of their applications? I have applied on several jobs over the past year and have never heard a word about my applications.

Name withheld by request

Editor's note: The Personnel and Training Directorate provided this response. "Thank you for the opportunity to address how applicants for positions serviced by the Redstone Arsenal CPAC are informed about the status of their applications. It is important to note that two different types of recruiting processes are used depending on where a position is located. The South Central Expedited Recruiting Process is used for all non-career program recruitment in AMCOM and all other Army activities in the Redstone Arsenal area except for the Army Corps of Engineers, which uses an automated process call Resumix. The following is specific information about how applications are handled under these two

different processes.

"South Central Expedited Recruiting Process i. e., non-Resumix applications — After the closing date of the announcement, the CPOC (operations center) completes the rating process. Upon completion of the rating process, the CPOC sends a list of qualified candidates to the selecting supervisor. The CPOC sends a post card to each applicant whose name is not referred to the selecting supervisor. The post card is preprinted with reasons that an applicant may not be referred and the reason that applies to the addressee is marked with a check mark. Common reasons are: not in the 'Area of Consideration'; application received after the closing date; Supplemental Qualification Statement not properly completed or signed; Time-In-Grade requirements for the position not met; specialized experience for the position not reflected in the application. Neither the CPOC nor the CPAC has any obligation to notify an applicant whose name is referred to the selecting official for consideration. When the selecting official makes a selection, he/she notifies the unsuccessful candidates that they were

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An open lane random survey

What is your New Year's resolution?

By **KELLEY LANE**
Staff writer
kelleyqa@bellsouth.net



Paul Readus, identification desk

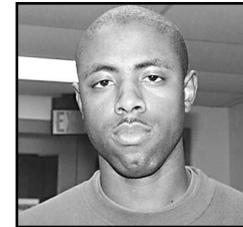
"My New Year's resolution is to work hard in therapy and to accomplish walking in 2003."



Maj. Thomas J. Johnson

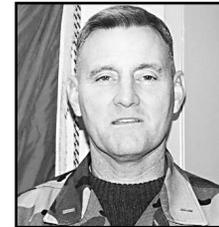
"My New Year's resolution would be to spend a lot more quality time with my

family. Being that they're a distance away, I'd like to spend more time on leave and probably make some special occasion trips to spend quality time with those folks."



Cpl. Rodney Stanley

"My New Year's resolution is never to get in trouble again in the Marine Corps."



CWO 5 Thomas Patterson

"My resolution is to make no resolutions that I don't intend to keep."

Redstone Rocket has holiday break

The Redstone Rocket staff will celebrate the holidays by taking a two-week

break. Our next issue is Jan. 8. We hope you enjoy the upcoming holiday season.

Redstone Rocket

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American Education Week events receive high marks

GARRISON RELEASE

American Education Week activities began Nov. 18 with a luncheon at the Huntsville Hilton. Community leaders recognized schools, educators and others.

Honorees included SFC Brandon Short (Drill Sergeant of the Year for 2002) and Sgt. Calvin Foster (NCO of the 2nd quarter '02 and NCO of the Year). Sgt. Ronald Steele and Sgt. Toby McGhee also received NCO of the Quarter awards. Honored Soldiers of the Month included Sgt. Arvin Dewberry, Sgt. Gustavo Jimenez, Spec. Yahaira Estevez, Spec. David Nault, PFC Loniel Green Jr. and PFC Jason Tucker.

Col. Bob Devlin, garrison commander, took the opportunity to read stories to the children at the Child Development Center

along with Mary Morgan, director of Columbia College, and Gabriel Lasher, staff assistant. Morgan wore a pilgrim's costume and Lasher was dressed in a Native American costume. The story hour has become an American Education Week tradition for the Army Education Center.

On Nov. 20, Capt. Clifford Hodges briefed 270 plus soldiers, E-5 and below, of this command on the history, advantages, tradition and requirements for enrollment at the U.S. Military Academy at West Point. The Education Center also celebrated its annual open house activities. The 150 people included 17 high school students who toured the facility and were briefed by the staff on educational benefits and programs offered by the facility. Lunch was catered by the Officers and Civilians Club, and gifts

were provided to all in attendance.

On Nov. 21, Hodges sponsored a motivational breakfast for senior NCOs and

officers at the Officers and Civilians Club. Topics included the advantages of a West Point education.

Depot workers meet goal for charity campaign

By LOIS CONTRERAS
CCAD Public Affairs

CORPUS CHRISTI ARMY DEPOT, Texas — Eulalio Reyna Jr., depot loaned executive to the Combined Federal Campaign, received the CFC's Thomas M. Walker Extra Mile Award at the CFC Victory Luncheon held at the Corpus Christi Bay Club on Dec. 5.

This year's campaign brought in ledges of more than \$247,245 against the depot commander's challenge of \$225,000. Col. Jim Budney pledged to "trade places" with the depot employee

with the highest contribution to the CFC campaign. As of yet, it is unknown who will receive this honor. At last count, the CCAD CFC campaign had awarded 11 Eagle awards to employees who contributed \$1,000 each.

The significance of the depot's success is that the depot is still meeting the challenge with a work force numbering approximately 1,000 less than when the first CCAD loaned executive won the Extra Mile award in 1986. The spirit of giving is still alive and well in the CCAD family.

Movie fee covers two evenings

Rentals

continued from page 2

further disappointed to hear that I could not get my \$1.37 I feel is owed to me because their rental rate is \$2.75 per day therefore I was charged correctly to begin with. The sign above the movies in the One Stop clearly states the price for rental of movies and DVDs is \$2.75 — "this is for two evenings." I would request someone from the community commander's office address this issue, keeping in mind this issue has been in the courts and has resulted in all who rent movies and charging a late fee (including AAFES) adopting the policy that charges for extended viewing equal the price of one day's rental.

Malcolm S. Kimbrough
retired SFC

Editor's note: The Garrison provided the following response. "AAFES offers its customers the convenience of renting VHS and DVD movies for the price of \$2.75. The rental period is from the actual time of rental up to two evenings. Although we invite you to enjoy viewing for up to two evenings, the rental may be returned earlier. The viewing fee is based upon this rental. Our policy is enforced on late returns at the rate, of which it was rented, which is \$2.75. AAFES does not have a rental charge for daily at \$1.38. The rental time is as short or long as the customer chooses, up to two evenings, without accumulating additional rental fees.

"Simply put, the movie rents for \$2.75, which allows for two evenings of viewing. Rental for either three or four evenings would be \$5.50."



Harold Garner/Photo Lab

Feeling good

Col. Steven Klamerus, right, commander of Fox Army Health Center, is congratulated on being promoted to lieutenant colonel Nov. 26. At left is Brig. Gen. Eric Schoomaker, commander of Southeast Regional Medical Center at Fort Gordon, Ga.

Job hopefuls can get feedback online

Applicants

continued from page 2

considered, but that another candidate was selected. Also, the Redstone CPAC (advisory center) posts the names of successful candidates for position vacancies serviced by their office on the web at www.redstone.army.mil/cpo. The selection process may take some time, depending on the nature and level of the position, the number of candidates who the selecting official must consider, and the process used by the selecting official to make a final decision. Each vacancy announcement includes the name and telephone number of an individual who may be contacted for further information.

"Resumix — The Automated Notification System Web Enabled Response may be used by an applicant who has submit-

ted an electronic resume and self-nomination through the Army's Resumix system. Applicants may check the status of their resume and/or self nomination submissions on ANSWER. Applicants will be able to determine if they were referred or not and if not the reason why on ANSWER. ANSWER may be accessed online at www.CPOL.army.mil, by entering the same ID and password used by the applicant to access the Resume Builder.

"It is very important for the applicant to retain a copy of the vacancy announcement, because it disappears from the web after the closing date. The first thing a personnellist will ask the applicant is to identify the vacancy announcement number. It is also the reference document for the personnellist to answer questions from the applicant. Additionally, the vacancy announcement will indicate if the job is being filled using the Resumix tool."

Campaign drives home seat belt safety message

Police nationwide ticketing violators

By EVETTE BROOKS
For the Rocket

The war against terror isn't the only mobilization under way by the U.S. military. Law enforcement officers at Redstone Arsenal have joined with more than 12,000 other law enforcement agencies in a nationwide crackdown against seat belt violators.

"Operation Click it or Ticket" is an effort to step up seat belt awareness, not just in the civilian sector, but on military installations as well.

The enforcement blitz comes as new data shows that more men and women in uniform die in traffic crashes per year than any other cause. According to National Transportation Safety officials, the military loses the equivalent of a battalion of troops each year due to automobile accidents.

Deaths among military personnel occurring in private motor vehicle crashes are up 35 percent from last year. Across all services, 321 servicemembers died in traffic crashes during fiscal 2002.

Nearly half of those young servicemembers who failed to wear seat belts could have survived if they had buckled up. Military personnel by virtue of age and gender typically epitomize the low

belt user: males 18-34. The fatality rates for teens are twice that of older drivers, and the risk of crashes for teens is four times that of older drivers.

This year an estimated 8,000 Americans, adults and children, will die in crashes simply because they failed to buckle their seat belts.

"Seatbelt usage is typically above 90 percent here at Redstone," Bryan Lorge, chief of the installation safety division, said. One of the purposes of the "Click it or Ticket" program is to remind employees of Redstone Arsenal, both military and civilian, of the importance of seat belt usage; not just while on the Arsenal, but out in the local community as well.

"We want Arsenal employees to take the message home to their families about the importance of seat belt usage when operating or riding as a passenger in a motor vehicle," Lorge said.

Another focus of the program is the use of child safety seats or restraints when transporting infants or small children. According to Alabama law, children under 80 pounds must be in child safety seats or approved restraints whenever traveling in a privately owned motor vehicle.

To help drive these points home and raise awareness, wrecked vehicles have been stationed during the holiday season at Gates 1, 7, 9 and at Marshall Space Flight Center.



Mary Potty/Photo Lab

Future chaplain

Marcella Teasley receives a direct commission from staff sergeant to first lieutenant during a chaplain installation ceremony Dec. 9 at Bicentennial Chapel. The reservist was approved for active duty as a chaplain. She will attend the chaplain officer basic course at Fort Jackson, S.C., and then be assigned to Army Signal Center at Fort Gordon, Ga. Pinning on her new rank are Lt. Col. Karen Jackson of AMCOM and the Rev. Doris Lacey, associate pastor at Owens Chapel Missionary Baptist Church in Huntsville.

Army Community Service loans car seats for children

Insurance company makes contribution

ARMY COMMUNITY SERVICE RELEASE

Continuing a tradition of supporting military families, a local insurance company has donated car seats for use by Army parents stationed at Redstone Arsenal.

Government Employees Insurance Company donated five infant/toddler car restraint seats to Army Community Service. Active duty and retired military family members may check out the seats and other household items for free through the ACS lending closet for up to 30 days. Extensions are granted on a case-by-case basis.

"GEICO's donations are almost an annual event we look forward to and appreciate greatly," Mary Breeden, relocation assistance program manager, said.

"At the ACS open house in October, Louis Zarrilli and Dorothy Patrick from GEICO toured the lending closet and noticed we could use some more car seats. They ordered them through GEICO's Baby's First Ride Program and called us to pick them up," Breeden said.

Since 1985 GEICO has donated more than 9,000 infant and toddler car seats for use by military families throughout the Department of Defense. The law in all states and the District of Columbia requires that parents use occupant

restraints for their children, usually up to age 3 or 4.

"Traffic crashes, not disease, are the leading cause of death among young children," Richard Kidd, former Sergeant Major of the Army and now the assistant vice president for military services at GEICO, said.

"Child restraints are just as important as vaccinations in assuring a child's health. We believe that the availability of the seats will encourage parents to take responsibility for protecting their young children against death or injury," Kidd said.

Alabama law requires parents to use occupant restraints for their children under 6. Child vehicle restraint laws are enforced on Redstone Arsenal and failure to provide car safety restraints is subject to a traffic citation and fine.

"Too often parents fail to realize the importance of using infant or toddler car restraints, and when they do, they find it just another expense of child raising that they don't think they can afford," Kidd said "By providing the seats for loaners, we can help parents protect their children without squeezing their budget."

Any military or retired military member interested in learning more about infant/toddler seat safety or the car seat loan program should call ACS at 876-5397. ACS is located at building 3338, Redeye Road with office hours Monday through Friday from 7 a.m. to 4:30 p.m.

Shoplifters face personal and financial consequences

Loss of exchange privileges, fine, jail sentence can result

By Capt. JOHN FARIS
Chief of military justice

Shoplifting is theft and shoplifters are criminals. Shoplifting is not a victimless crime. Each merchant organization that loses merchandise by theft not only loses the cost of the item itself, it also loses the profits that would have been earned from selling it. If sufficient quantities of a merchant's inventory are lost through theft, the merchant has to counter the loss by raising prices. Each and every consumer must then pay for the dishonesty of others.

More than 11,211 shoplifters are caught each year in military exchanges alone and shoplifting costs servicemembers millions of dollars annually, according to Army and Air Force Exchange Service. In order to protect the innocent consumer from the impact of theft, specific deterrence has been developed by both merchants and government legislatures to catch and punish thieves. Redstone Arsenal is an example of the use of such deterrence. Consider the following:

- Shoplifters on Redstone Arsenal will be arrested. Most on-post shopping establishments have cameras installed to catch shoplifters on tape. Store detectives can reposition the cameras to better observe suspicious activity. Once a shoplifter has

stolen an item without rendering payment, the store detective has the authority to apprehend the perpetrator and recover the stolen items if possible. The apprehension itself is potentially embarrassing for the shoplifter because it may occur in front of numerous passersby. As soon as the shoplifter is arrested, the suspect is then issued a criminal citation. The citation provides notice to the shoplifter that he was arrested for "larceny," a legal term for theft, and that he will have to appear in court to face criminal charges.

- Shoplifters on Redstone Arsenal will be prosecuted. Once cited for shoplifting, a special assistant U.S. attorney files criminal information in federal court charging the individual with larceny under Title 18 United States Code Section 641. A court date is set and the charged shoplifter comes to court and either pleads guilty to the crime or faces trial. If the perpetrator pleads guilty or is found guilty by either judge or jury, the convicted thief is sentenced for the crime. The maximum penalty for larceny under the U.S. Code is one year imprisonment, up to \$100,000 in fines, and court costs known as "special assessments" in the amount of \$25.

The convicted individual may also be sentenced to probation for a set amount of time. Probation requires that the shoplifter report frequently to a probation officer, commit no crimes, and follow all conditions of the probation. Individuals who

violate their probation may face additional imprisonment.

There are better ways to handle a financial crisis than being arrested for stealing.

- Theft is also punishable under the Uniform Code of Military Justice. Soldiers who commit the act of shoplifting may face discipline by their command. Punishment options include trial by court-martial, non-judicial punishment under the provisions of Article 15, UCMJ, administrative separation, and memorandum of reprimand. Punishment under such circumstances would affect a soldier's potential for career advancement, and could result in discharge from the service, non-selection for promotion, or removal from service under the Qualitative Management Program.

- Shoplifting conviction can have permanent consequences. A federal conviction for shoplifting can be devastatingly detrimental to one's life. The conviction itself or imprisonment may cost the individual his employment. A conviction for larceny must be disclosed if requested on any job application, making it harder to get a job. Background checks will also reveal the shoplifter's conviction. If the individual becomes a witness in a court case, the person's conviction may be used against him to cast doubt upon his credibility in front of a judge or jury.

Following the enactment of the National Defense Act of 2002, AAFES developed a Civil Recovery Program to demand and collect money damages from shoplifters as a civil cause of action. The program is designed to help AAFES offset its high merchandise losses and its added costs for security. AAFES now demands from all shoplifters an amount equal to the value of stolen goods and an administrative cost of \$200. If a shoplifter is an authorized exchange customer, AAFES will suspend the shoplifter's or military sponsor's check cashing and Military Star Card Privileges until the Civil Recovery debt is paid. A parent, guardian or other person having legal custody of a minor who commits the shoplifting offense will be liable to AAFES for the specified damages and costs. This Civil Recovery proceeding is in addition to any criminal charges the shoplifter might face.

In addition to the aforementioned penalties and consequences, if a shoplifter is an authorized exchange customer, the installation commander must suspend his shopping privileges for a period of not less than six months. Additionally, the installation commander may bar the shoplifter from coming onto post.

Shoplifting is a serious crime with serious consequences. The cost of shoplifting is high, whether the shoplifter is a first-time shoplifter, a thrill seeker, or a career thief. There are better ways to handle a financial crisis than being arrested for stealing. Those with financial difficulties should see a financial counselor through Army Community Service or a local governmental agency. These counselors can assist in financial planning to help find legal ways to obtain the necessities of daily life. To those who might be contemplating shoplifting, you have been warned.

Soldiers explain Army urban warfare doctrine

By SFC DOUG SAMPLE
American Forces Press Service

WASHINGTON — When it comes to military operations of the future, enemy forces will not be in for a "fair fight," a senior Army officer said in a Pentagon press briefing Nov. 26.

Col. Paul Melody, director of the Army's Combined Arms and Tactics Directorate, said that despite the U.S. military's advanced training, firepower and weapons, future battles will be fought in urban areas, where the rules of engagement have changed.

"The philosophy is that if we are forced to fight, it's not a level playing field. We want to go in with an unlevelled advantage ... to put the war in our favor," he said. "It's not an attritional approach where you go in and clear everything. You attack what is vital, you strike hard, if necessary strike simultaneously throughout the depth of the enemy's defense."

Melody, an infantry officer and military history teacher, described the future of U.S. warfighting strategy, explained the evolution Army doctrine and its role in land warfare, and detailed how joint forces will conduct military operations on an urban battlefield.

That doctrine addresses a full-spectrum approach to land operations and calls

for Army forces to be able to deploy quickly into an area of operations, and deter adversaries and potential enemies from establishing their forces and gaining an operational advantage.

The goal is to defeat the enemy, end the conflict on terms that achieve national objectives, and establish self-sustaining post-conflict stability, Melody said.

"The approach is not to overwhelm the enemy with numbers but to overwhelm him with distributed effects at a time that basically prevents his organized resistance against us," Melody said. "This doesn't mean there won't be tough fighting, but the approach is not to get into a 'slugfest' way of fighting."

The "full spectrum of land operations" in today's terms translates into the Army's sudden emphasis on getting soldiers and units trained in what the military calls "Military Operations on Urbanized Terrain," or MOUT. The Army explains this focus to soldiers in Field Manual 90-10-1, An Infantryman's Guide to Combat in Built-up Areas.

This strategy came about after a National Defense Panel review in December 1997 revealed the Army lacked the firm requirements for urban operations, which may have been the case in Somalia

See **Doctrine** on page 19



Army photo

Deployed aviation team

A team from Aviation Applied Technology Directorate, Fort Eustis, Va., spent 14 days in Afghanistan at the Kandahar and Bagram air bases modifying most of the CH-47 helicopter fleet deployed with satellite communication radio capability. From left are Donald Skrinjorich, Scott Fanning, Maj. Christian Grinsell, Steven Munzert, Stanley Aiton and Robert Southern. Fourteen aircraft were modified and eight PRC 117 satellite communication radios were delivered to B Company, 7th-101st Medium Helicopter Battalion, Fort Campbell, Ky., and C Company, 159th Aviation, Fort Bragg, N.C. Additionally the team completed several small repairs to the SATCOM radio kits installed on the Medevac UH-60 Black Hawks.

Redstone guard inducted into Hall of Heroes

Ed Hargrove earned two Purple Hearts and Bronze Star during Vietnam War

BY SANDY RIEBELING
Staff writer
sandy@htrimes.com

In those rare moments when Ed Hargrove is willing to talk about his combat days in Vietnam, he'd be the first to tell you that he's no hero.

"People were shooting at us; we were just trying to stay alive," Hargrove said, shrugging his shoulders. As far as this former Marine was concerned, that pretty much summed up his seven-month tour in the mountains and jungles of Vietnam in 1967-68.

But his Bronze Star citation tells a different story to describe the morning of May 10, 1968, near the village of Nhi Ha in the Quang Tri Province.

Serving as an antitank assault section leader with Headquarters and Service Company, 2nd Battalion, 4th Marines, Hargrove's section was supporting an Army infantry unit during a search and destroy operation when they were suddenly attacked by enemy forces.

The citation describes the event with words and phrases such as "heroic achievement... numerically superior North Vietnamese force... intense fire... disregarding his own safety... directed effective fire... preventing the enemy's counterattack... timely actions... an inspiration... accomplishment of his unit's mission."

It ends with, "Sgt. Hargrove's courage, superb leadership, and unwavering devotion to duty in the face of extreme personal danger were in keeping with the highest traditions of the Marine Corps and of the United States Naval Service."

Such acts of valor and heroism are a part of America's history and should be recognized, according to Tom Gentilcore, president of the Madison County Military Heritage Commission that sponsors the "Hall of Heroes."

Hargrove, a civilian guard at Redstone since 1983, was one of eight inducted into the Hall of Heroes during an evening ceremony Nov. 9 at the Von Braun Center.

"Most veterans that are eligible don't want to be recognized for heroism," Gentilcore said, explaining that to be inducted into the Hall of Heroes a person must have received a medal of valor.



Photo by Sandy Riebeling

HERO INDUCTEE— Vietnam veteran Ed Hargrove, a civilian guard at Redstone, was inducted into the Madison County Hall of Heroes Nov. 9. Hargrove earned two Purple Hearts and a Bronze Star with valor during his service in Vietnam in 1967-68.

"Those awards are not given away," he said. "They have to be earned. To win a medal of valor means a person went out and did above and beyond his duty. Putting his life out in front to save the lives of other people. It's about being a hero. We have a hard time convincing them (valor medal winners) that their history is important to record."

Hargrove admits that he was one of those that had to be convinced to apply for induction.

"He's a private person so it was hard to get him to do this," Hargrove's wife, Susie, said. "When we got married, I didn't know he had a Bronze Star and two Purple

Hearts. I didn't find out for at least six years after we were married. I was going through some papers and saw his citation and the medals."

Susie asked Hargrove why he never spoke of Vietnam and he said, "Why should I? I came back, the rest didn't."

Hargrove was drafted in 1964 and decided to join the Marines because his father was a Marine in World War II. "When I got off the bus for basic I thought, 'Oh boy, I done made a big mistake.'"

After basic he went through infantry training and was stationed at Camp Lejeune, N.C., until he was reassigned to security for the National Security Agency at Fort Meade, Md. In November 1967, nine days after he married his first wife, he received orders to go to Vietnam.

He was wounded twice. The first time was in March 1968 while his unit was crossing the demilitarized zone.

"When we came through the artillery started," he said. "They were shelling us pretty good. I got hit with shrapnel in my head and lost my hearing in both ears. It (his hearing) was back within 24 hours and two days later I was back in the field."

In June Hargrove was at his base station near the Quang Tri River when he was wounded the second time. Shrapnel from incoming artillery hit his arms and legs. "It really burns," he said. "We had a doctor there and he bandaged me up and I stayed in camp almost long enough to heal before I was back out on patrol."

Between the two, on May 10 near the village of Nhi Ha while supporting an Army unit, Hargrove was called to go above and beyond.

"It was hot," he said. "It was during the Tet Offensive. Raining all the time. A lot of people trying to kill you. Out on patrol you got shot at a lot."

When his unit came under intense fire, Hargrove quickly maneuvered his unit across the fire-swept terrain for better firing position. He was able to pinpoint enemy emplacements.

"I called in an air strike," he said. "They came in and laid napalm so close we couldn't breathe and it was appreciated." He continued to maneuver his unit from one firing position to another cutting off the enemy's ability to form a counterattack. It was his day to be the hero.

"We lost a lot of good people," Hargrove said. "It happened all the time. It got so that I didn't want to get to

See Hero on page 9

Hero

continued from page 8

know people. I didn't want to make friends with anyone because one day you're playing ball with them, the next day you're putting them on a helicopter in a body bag."

When Hargrove returned to the states and civilian life as a police officer in Washington, D.C., the only word he can find to describe himself was "lost."

"My marriage didn't work out," he said. "I came back a different person."

"When I met Edward he was in bad shape," Susie said. "He drank too much and wouldn't talk. He was lost."

But Susie, mother of two young children, saw something special in Hargrove and took a chance. "Jody was 10 and idolized Edward. Something between them just clicked." Hargrove became like a father to both Joseph and Nora Leigh.

The family moved back to Huntsville, Hargrove's hometown, in the early 1980s to be near his father after his mother died. He got a job as a civilian guard in 1983 and has been at Redstone ever since.

Joseph joined the Navy and he and his wife, Cathy, play in the Navy band at Annapolis, Md. Nora Leigh Edwards is married and lives nearby. Hargrove also has a son, Edward, from his first marriage.

Last year, just a few days after the Sept. 11 attacks, Hargrove was diagnosed with prostate cancer and a few weeks later

underwent surgery. He is recovering well.

"Jody (Joseph) really encouraged me to get Edward to do this," Susie said about the Hall of Heroes induction. "Since he joined the (Military Order of the Purple Heart) a few years ago, he's been able to talk a little more about Vietnam."

The induction ceremony Nov. 9 was one of several events the inductees, along with many other veterans, were a part of during Veterans Day weekend.

"We had a great dinner," Hargrove said. "I was able to take my father and stepmother (to the dinner and ceremony). My dad's 81 and still a Marine. It was top-notch — all of it. I really have to commend the people that worked so hard on it — Steve Ray, Tom Gentikore, (retired Brig. Gen. Robert) Drolet, Don Powers, and so many others."

"And General Dodgen," Hargrove said, referring to Maj. Gen. Larry Dodgen, commander of the Aviation and Missile Command and Redstone. "He gave me one of his coins. That was the greatest. He has a lot of things to do. For him to take the time to come to the ceremony and the other events — it's a great thing. I'm going to keep that coin and pass it down to my son one day."

"I did this for my family— my kids and my father," Hargrove said. "I'm no hero. I was 23 when I found out that most of the heroes are in the ground or their names are on the Wall."

Hargrove visited the Vietnam Memorial Wall for the first time four years ago

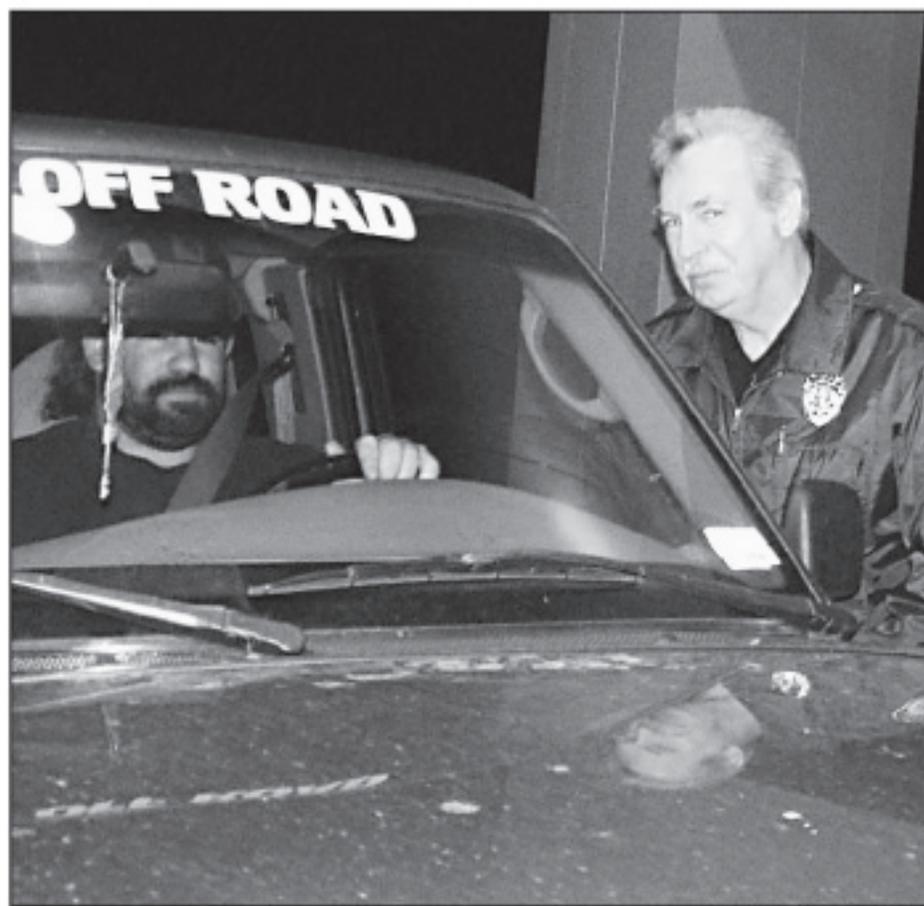


Photo by Sandy Riebeling

GUARD DUTY— Ed Hargrove works the night shift as a civilian guard on the gates at Redstone. He was inducted into the Madison County Hall of Heroes for heroism during the Vietnam War.

while visiting his son in Annapolis.

"I didn't look for any names," he said.

"It was just hard going. Maybe next time."

Command chief of staff follows family tradition in Army



Photo by Kelley Lane

SETTLED IN— Col. John B. Smith finds a quiet moment in his new office as chief of staff.

Oregon native adapts to South

By **KELLEY LANE**
Staff writer
kelleyqa@bellsouth.net

Redstone welcomed its new chief of staff, Col. John B. Smith, in October.

Hailing from Portland, Ore., Smith attended Oregon State University where he entered the Corps of Engineers. Smith came to the Army the way many officers do, through the ROTC program. Military life came naturally to him.

"My dad was an Army reservist for a long time. So growing up around the military, I applied for an ROTC scholarship to pay for school," he said. "After that I ended up going in the Army and I liked it, liked what we did, liked the job and ended up staying in."

The Corps of Engineers took Smith to Germany where he worked in combat engineering, building temporary bridges and repairing roads. Two years later he transferred to the Quartermaster Corps.

Smith's career has taken him around the world. Each location has had its own distinctive flavor.

"We've liked everywhere. We haven't been assigned anywhere we didn't enjoy," Smith said. Besides various posts around this country, including the Pentagon, the Army has taken him to Seoul, Korea twice. The first time was as part of the 8th U.S. Army J-4 staff. He later returned as commander of the Far East Commissary District. He experienced different culture, food and language in Korea. "The Far East is probably the hardest

to get used to," he said. "It's so foreign compared to what Americans are used to."

The 593rd Area Support Group took him to Saudi Arabia. "Saudi Arabia was difficult because it was a short tour and we were away from family. That's always challenging," Smith said. "But the war kept us busy."

Smith has also had several stays in Europe. He arrived at Redstone after serving as assistant deputy chief of staff for logistics for U.S. Army Europe and 7th Army in Heidelberg, Germany.

Adapting to life in Huntsville has been much easier. He and his wife, Sharon, are quickly becoming acclimated to Redstone and the surrounding community.

"We love Huntsville. The great relationship between the community and the military is a huge plus. It's not typical everywhere. It's not atypical, but it's probably the best I've ever seen in the Army," Smith said.

The tradition of military service in the Smith family is alive and well. The colonel's son, Tyler, is a captain assigned to the 12th Aviation Brigade in Giebelstadt, Germany. His daughter, Kelly, is doing her part for country and community with the Oregon Youth Authority. While being on the opposite side of the country from where he grew up and the family still living there can be difficult, the Smiths are enjoying the brighter side of the South.

"We love Oregon, but it's too cold and too rainy there," Smith said with a smile. "We like the climate here better."

As the holidays approach, the Smiths are planning a trip back to Oregon. Their son is expected home from Germany. Also waiting is their first grandchild, Evan, born July 3.



Courtesy photo

Sounds of season

David Crouch (wearing Santa hat), logistics management specialist with Deputy Chief of Staff for Logistics, leads the volunteer choir of Space and Missile Defense Command and Program Executive Office for Air and Missile Defense employees in several songs during the holiday party held Friday at SMDC.

■ Child care providers undergo six months of certification

Providers

continued from page 1

providers range from 21 to 50. Providers must live on the Arsenal and be certified. Training is provided and certification is granted by the Garrison commander.

A background check is mandatory for anyone wishing to become a child care provider. "Potential providers undergo a very thorough check conducted by the Provost Marshal Office, the Criminal Investigation Division and the Huntsville Police Department," Jones said.

Provisional certification may be granted upon completion of orientation training and Part I of the Entry Level Training. This training provides 12 units and 8 units respectively," Jones said, "and units equate to hours."

Providers are eligible for full certification at six months after providing satisfactory service and completing at least 10 of the 22 Skill Level Training Units.

The training covers a variety of subjects. For example in Orientation Training, providers will learn about Regulations and SOPs; Child Growth and Development; Parent and Public Relations; Child Health, Sanitation and Nutrition; Safety and Emergency Procedures; Child Abuse Identification, Reporting and Prevention; and Special Needs Awareness.

Entry Level and Skill Level Training cover such topics as Business Practices, First Aid/SIDS, Infant/Child/Adult CPR, Communicable Diseases/Administering

Medications, and Basic Computer Skills.

"As a certified child care provider, you run your own business," Jones said. "But it's a lot easier than opening up a day-care off the installation. For example, if you operate off the post, you would have to buy high-chairs, play pens, toys, books, safety equipment and a lot of other things. As a certified provider on post, we provide those things for you. We have a lending closet that supplies everything. Even though it's your own personal business, we sponsor you."

Child care providers receive income from several sources. "Of course providers receive payment from the soldiers, based on the gross income of the family," Jones said. "Then, too, Family Child Care and the U.S. Department of Agriculture reimburse providers. The amount of reimbursements depends on things such as how many meals the providers serve, the number of hours they work, and whether they are full-time or part-time providers."

As long as you are a military spouse, you can become a child care provider. "Although most of our child care providers have been females, we have actually had some male child care providers," Jones said. "Being a child care provider is a great way for a parent to be able to stay at home with his or her children while, at the same time, they can help increase the family income."

For an application or more information about becoming a certified child care provider, call 876-7801.

Environmental compliance team plans to enter Redstone space

Department of Army panelists to survey business practices

ENVIRONMENTAL OFFICE RELEASE

Redstone Arsenal will be visited Jan. 6-17 by a compliance team comprised of approximately 20 media area experts, selected by Headquarters, Department of the Army, to identify and prescribe meaningful fixes to environmental issues.

The identified fixes may be additional resources or corrections to daily business practices, to further heighten the installation's overall level of compliance. The process that aids in accomplishing this effort is the external portion of the Environmental Performance Assessment System. The EPAS serves as the Garrison commander's "early warning device" of potential risks, with associated fixes and costs, as well as identifying positive initiatives already in place.

This cooperative effort will have a three-pronged intent: first, to identify areas in need of assistance and provide suggested corrections with estimated costs, if applicable; second, to identify the positive efforts and programs Redstone Arsenal's Environmental Office is performing over and above federal, state, local, Department of Defense, or Department of Army laws and regulations; and third, to identify other initiatives in areas that may not exceed environmental regulations or laws but are extremely well managed and worthy of recognition through the Southeast Region Office to HQDA to share with others.

The EPAS has been in effect for 10 years. The process does not create a "gig sheet," issue "fines or penalties," carry a "gun," or point fingers, but rather provides suggested "building blocks" for the installation to consider, to further elevate the

overall environmental compliance posture. Regulators view this effort very positively.

It is important to be open and candid to the individual team members if you are visited at your activity. If inaccurate or partial information is provided, a true fix or adequate resources may not be provided, leaving Redstone Arsenal open for potential enforcement actions. The team has extensive compliance experience and may be able to offer corrective suggestions on how to improve upon a current practice or provide instructional on-the-spot solutions.

The Garrison commander and environmental staff look forward to your support and cooperative efforts during this two-week process. Dave Bryant, Redstone Arsenal EPAS program manager, can be reached at 842-2844.



Courtesy photo

Ice sculpture

Some 96 people in two buses traveled to Nashville on Dec. 7 for the CWFC sponsored bus trip to see the Ice Sculpture Show and Radio City Music Hall Rockettes Christmas Show at the Grand Ol' Opry. The Civilian Welfare Fund Council trip included shopping at the Opry Mills Mall.

Bush orders smallpox shots for military, first responders

By KATHLEEN RHEM
American Forces Press Service

WASHINGTON — President Bush on Dec. 13 announced he has ordered smallpox vaccinations to begin for military personnel.

He also recommended medical personnel and first responders receive the vaccine, but on a voluntary basis. Administration officials stopped short of recommending widespread vaccinations of the American public.

"Men and women who could be on the frontlines of a biological attack must be protected," the president said during an afternoon press briefing in the Old Executive Office Building.

The president stressed his decision was not based on a specific threat, but on the renewed focus on security brought about by the Sept. 11, 2001, terrorist attacks and the subsequent anthrax attacks through the mail.

"To protect our citizens in the aftermath of Sept. 11, we are evaluating old threats in a new light," he said.

Smallpox is highly contagious viral disease. It is often

fatal and nearly always disfiguring. There is no cure or treatment.

The eradication of smallpox as a naturally occurring disease is one of the greatest triumphs of the World Health Organization. Bush noted the risk of smallpox was so remote by 1972 the United States quit routine vaccinations.

The military continued vaccinating recruits until 1990.

A DoD release indicated the department will immunize personnel based on their occupational responsibilities, with emergency response teams and hospital and clinic workers receiving the vaccine first. Next will be those individuals with "critical mission capabilities."

The smallpox vaccine is licensed by the Food and Drug Administration and is from the same stocks used before routine vaccinations stopped in the 1970s. Though the vaccine is considered safe and effective, vaccination is not without risks. Medical officials warn that there is a slight possibility of severe reactions for some people.

Public health officials warn that pregnant women, individuals with weakened immune systems, and those with certain skin disorders shouldn't receive the smallpox vaccine.

During the announcement, Bush said he'd be vaccinated because he wouldn't order military personnel to take anything he wasn't willing to take himself. However, he added, his family and staff would not be getting the vaccines because public health and national security experts are not recommending them for the general public.

"These vaccinations are a precaution only and not a response to any information concerning imminent danger," Bush said. "Given the current level of the threat, and the inherent health risks of the vaccine, we have decided not to initiate a broader vaccination program for all Americans at this time."

The president noted that the cautionary vaccinations are a necessary step to guard against possible threats to the nation. "It is prudent to prepare for the possibility that terrorists who kill indiscriminately would use disease as a weapon," he said.

■ Holiday foods OK for diabetics with planning

Diabetes

continued from page 1

"Basically, one serving equals 15 grams of carbs, regardless of the source," Pazder said. "And someone on an 1,800 usually gets between three and five servings per meal. We always recommend complex carbs (whole grains, beans, some vegetables) because of the fiber and nutritional value but that's not to say they can't have simple carbs. Fruits are simple carbs."

So diabetics can go ahead and have that slice of pumpkin pie or cupcake but the trick is to plan a carbohydrate trade-off so that they don't exceed the amount of carbs allotted for the meal. It could mean skipping the potatoes or rolls to indulge in a sweet treat afterward.

"It's also important to continue to eat your protein foods," Diane Magnuson,

certified diabetes educator with the Diabetes Control Center at Huntsville Hospital, said. "And be mindful of what you drink. Juices, punches, eggnogs and sweet alcoholic drinks have to be included in the carb count for the meal."

Be aware of your individual meal plan and the number of carbs allotted for each meal. Portion control is also very important, according to Pazder. Be sure that what you are counting as one serving is truly one serving. A heaping spoon of mashed potatoes could be as much as three servings, even though it's only one food.

Pazder and Magnuson offer tips for keeping blood glucose levels stable while enjoying the season.

"Remember to maintain your exercise program," Pazder said. "For someone in the habit of exercising, if they stop, their glucose levels are going to go up, even if they're still following a strict diet. Try to

maintain a normal routine and eating patterns. Don't skip meals."

If presented with a buffet, look it over completely before choosing what to eat, she said. Look for the unusual or seasonal foods that come around only once or twice a year and take advantage of those.

"Do enjoy the foods," Pazder said. "Just don't go overboard. Remember to keep a balance in your diet and make healthy choices."

And if your blood sugar level is higher than you want, Magnuson suggests taking

a brisk 10-15 minute walk to help lower it.

"Stay moving after meals," she said.

"The worst thing you can do is plunk down in a chair after a big meal. It may help to save your more strenuous chores for after the meal to keep you moving."

For more information about managing diabetes or how to work a specific food into your diet and still maintain a balance, call the Diabetes Control Center at 517-8650 or the Public Health and Education Center at Fox Army Health Center at 955-8888.

Church class inspires budding writer's first book

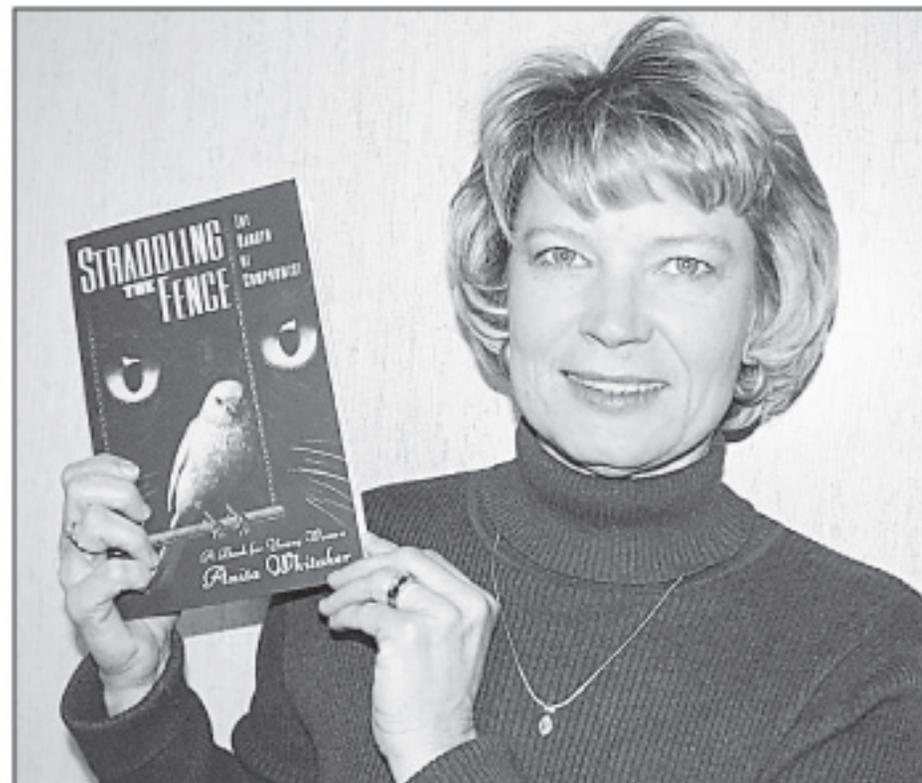


Photo by Jim Bowne

FINISHED WORK— Anita Whitaker holds a copy of her book which she picked up Oct. 30 from the publisher. She is a logistics management specialist with the Kinetic Energy Missiles Project Office supporting the LOSAT system.

Logistics management specialist outlines her biblical teachings

By **JIM BOWNE**
For the Rocket

She's been writing something in her journal every day for the past 27 years. Her first book was published just seven weeks ago. Yet the one had nothing to do with the other.

"The things I write in my journal are more like 'reminders' to myself — just insignificant things," Anita Whitaker, a logistics management specialist in the Kinetic Energy Missiles Project Office, said. "But it has always been a goal of mine to write a book."

Her book, "Straddling the Fence: the Danger of Compromise," was recently published by Publishing Designs Inc., a Huntsville company. "About three years ago, I helped my sister self-publish a book," Whitaker said, "but I wanted to be published by a real publisher."

Not only has Whitaker been published by a real publisher, but she also submitted her manuscript to only one publisher — Publishing Designs Inc. "I had been working in our church library," said Whitaker, "and ran across a book that I admired. I happened to notice that the publisher was based in Huntsville and, since I was looking for a publisher, I gave them a call and sent them my manuscript. As it turned out, the publisher was interested, and we went forward from there."

In a manner of speaking, Whitaker's book was the result of being asked by her church to teach a 13-week course to the young women in the congregation. "A few other women and I started putting together a list of various topics and issues we felt that young ladies, from age 6 through college, would face growing up today," she said. "We also wanted to address the biblical answers to each of the issues."

However, they found that there was no available material that dealt with the issues formatted in the way they wanted to teach the class. "I had already begun an outline on my own and had put some ideas together prior to being asked to do the class," Whitaker said. "The class material that we were developing went hand-in-hand with what I had already done, so I slowly began the process of writing the book."

Whitaker felt strongly about the topics she wanted to cover. She also felt a real need to teach the young women the biblical answers to the myriad of problems they might face growing up in today's world.

"The book took longer to write than I thought it would," Whitaker said. "I knew I had selected some controversial topics, so I tried to base what I wrote on facts and keep a lot of my personal opinions out of it. I did a lot of research. For example, I read a lot about statistics on drug and alcohol abuse, teen pregnancy, abortion, homosexuality, marriage and divorce."

Whitaker said she felt "intimidated" the first time she met with the publishing company. "We had talked on the phone before I met with them. They had seen my manuscript before I got there, of course. When we first met, the publisher told me that my book 'was very interesting.' But almost with no breath in between, he added that the book 'would require a lot of work.' That was a real blow!"

In fact the publisher made several suggestions, some of which Whitaker agreed with and some she didn't. For example, they wanted the book tailored to teenagers instead of "just for women." Whitaker chose not to do this. They also asked Whitaker to add an introductory story in front of each chapter — one that would appeal to young girls. Whitaker said she did not want to do this either, but she did. And he wanted her to change the title to something that "teen-age girls would relate to."

Whitaker went with her own title, "Straddling the Fence." "I felt it best explained how many of us go through life today, especially on controversial issues as discussed in my book," she said. "Issues such as partying, premarital sex, the gay movement, abortion, materialism, the role of women in today's society. We either don't know what our convictions are, or we don't have the courage to stand up for them. By straddling the fence too long, we are in danger of finally just falling off the fence altogether. And then apathy sets in."

Whitaker worked on her book for two and a half years, including one year of rewrites. She said she got tired of doing rewrites, but was proud of her book and the fact that she finished it. "My friends would try to talk to me about my book as I was writing it," she said. "And I got where I would respond, 'I don't want to talk about it, but I have to.'"

Whitaker sees her book as more of a "manual." "I'm a logistician," she said "so the book is very organized. All the chapters follow the same format — an introductory story, facts and statistics, some personal opinion, and Bible verses that support the topics."

"Putting in appropriate Bible verses was not that difficult. I attended a private Christian school my first six years. Those teachings are still with me — they have stayed with me all these years. But I still had to go back to the Bible on many occasions to find the proper scriptural applications for each chapter."

Whitaker said comments on her book have been mostly positive. "Of course, with touching on so many controversial subjects, the book is bound to step on some toes," she said. "But to the best of my ability, I have tried to teach only what the Bible instructs on these topics. Then it's up to each individual reader to make her own choices."

Whitaker said she intentionally did not write her book in the "language" spoken

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Officer/civilian women offering merit awards

By DIANE MOORE
OCWC merit award chairman

The 2002-03 Officer and Civilian Women's Club Merit Award Program is well under way and you or one of your family members may be eligible to apply.

Applicants may compete in one of four categories — high school senior, undergraduate, graduate and member/spouse. In addition they must meet the following criteria: be a member, spouse of a member, or the dependent of an OCWC member in good standing as of Oct. 1, 2002; and live within a 50-mile radius of

Huntsville. Previous award winners may compete in succeeding years, but may win only once in each category. Students receiving full scholarships may not apply.

Merit awards are based on scholastic achievement, citizenship and sincere desire to pursue higher education. Their purpose is to help offset the cost of tuition, books and related educational fees. Applications are available at OCWC board meetings and luncheons through January. You may also call the OCWC merit award chairman, Diane Moore, at 864-2670 or by e-mail at acsvol@mwr.redstone.army.mil.

Military retirees invited to council meeting Jan. 23

RETIREE ADVISORY COUNCIL RELEASE

The Redstone Arsenal Retiree Advisory Council works as an extension to the commander in conjunction with the Retirement Services Office.

Members of the council serve as a link with the retirees serviced by the Redstone Arsenal and the installation's command group. The council works closely with the RSO to ensure the desires, concerns or recommendations from the retiree community are articulated to the right people. These concerns, as brought to the attention of the council, if solvable at the local level are solved there. If the concern is required to be passed to a higher level (i.e. health care, long term health care), those are presented up through the Army Logistics Command to the Chief of Staff, Army Retiree Council.

The biggest local effort each year is the planning for the Redstone Arsenal Retiree Appreciation Day held each Sep-

tember. This is a huge effort and requires extensive planning and coordination to provide the 39,000-plus retirees from northern Alabama and southern Tennessee the latest information on their earned benefits and services.

During the course of the year, the council follows the Redstone Arsenal activities, such as PX/Commissary, health center, community actions, MWR/clubs, golf and fitness facilities. Presently the retiree web site is being re-established on the Redstone Arsenal MWR web site, so access can be gained by the general public to keep retirees updated on the latest developments.

The Redstone Arsenal Retiree Council is looking for interested military retirees to assist or serve as a member on the council. The council will meet at 9 a.m. Jan. 23 in building 3493. Anyone interested in serving and helping the retiree community should call Cynthia Anderson 876-2022 or e-mail cynthia.anderson@redstone.army.mil.

■ Writer shares positive outlook for today's young women

Author

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by many teen-agers today, as her publisher had also suggested. She had two reasons for this.

"Number one, I don't know the jargon, and it would come across as silly if I tried to write like teens speak," she said. "And number two, I wanted the young women to be taken seriously; I wanted them to have a no-nonsense, non-preachy manual to guide them in their decisions."

However, Whitaker made certain that

her book maintained a positive outlook on life. "Throughout the book, I tried to emphasize that although there are many problems and controversial issues facing teens and young adults today, it's still a wonderful time in which to be a young woman."

Whitaker admitted she doesn't expect to get rich off the sales generated by her book. But it has generated some speaking engagements. "I'm kind of shy — old fashioned and conservative," she said. "I will never write another book."

After a slight pause, she added, "But I'm softening on the idea."



Courtesy photo

Worthwhile project

During the holiday season, members of the THAAD Project Office enjoy participating in the Salvation Army's Angel Tree Program by providing gifts for needy children in the Huntsville area. This has become an annual opportunity for the entire THAAD team to share a little hope with those less fortunate. Employees volunteer individually or as a group to purchase the items listed on the angel tags. They have been successful in ensuring that their angels' needs and wants are met.

Radon gas causes thousands of deaths nationally each year

Risk of getting lung cancer rises with exposure, smoking

By **RAMZI MAKKOUK**
Environmental Office

Radon is a cancer-causing, radioactive gas. You cannot see radon. And you cannot smell it or taste it. But it may be a problem in your home.

Radon is estimated to cause many thousands of deaths each year. That is because when you breathe air containing radon, you can get lung cancer. In fact the Surgeon General has warned that radon is the second leading cause of lung cancer in the United States today. Only smoking causes more lung cancer deaths. If you smoke and your home has high radon levels, your risk of lung cancer is especially high.

Radon comes from the natural (radioactive) breakdown of uranium in soil, rock and water and gets into the air you breathe. Radon can be found all over the U.S. It can get into any type of building — homes, offices and schools — and build up to high levels. But you and your family are most likely to get your greatest exposure at home. That is where you spend most of your time.

Radon comes from the natural decay of uranium that is found in nearly all soils. It typically moves up through the ground to

the air above and into your home through cracks and other holes in the foundation. Your home traps radon inside, where it can build up. Any home may have a radon problem. This means new and old homes, well-sealed and drafty homes, and homes with or without basements.

Invisible intruder in home

Radon from soil gas is the main cause of radon problems. Sometimes radon enters the home through well water. In a small number of homes, the building materials can give off radon, too. However, building materials rarely cause radon problems by themselves.

Radon gets in through: cracks in solid floors, construction joints, cracks in walls, gaps in suspended floors, gaps around service pipes, cavities inside walls, and through the water supply.

Long-term tests remain in your home for more than 90 days. "Alpha track" and "electret" detectors are commonly used for this type of testing. A long-term test will give you a reading that is more likely to tell you your home's year-round average radon level than a short-term test.

The Environmental Office first initiated Alpha track 90-day radon monitoring in 1989, due to implementation of Army Radon Remediation Program. Approximately 1,250 quarters were sampled from 1989-90. At that time about 230 quarters were found to be slightly above the Envi-

ronmental Protection Agency action level, which is 4 picoCuries per liter of air. The EPA has set a limit of 4 picoCuries per liter of air, or less, as a safe level. Department of Army has adopted EPA's recommendation remedial action level as its indoor radon standard. A picoCurie is a measure of radioactivity, with a liter being the volume of air that contains that amount of radioactivity. Remedial actions are taken if the annual average long term testing radon concentration in quarters exceeds 4 pCi/L.

Some retesting required

Any quarters that were found to be above the EPA action level on the short-term 90-day tests were retested for a one-year period long-term test. Between 1990 and 1991, the 230 quarters that were found to be slightly above the EPA action

level were retested for one-year period in accordance with the DA guidance. Only 52 of the 230 quarters had annual average levels above 4 pCi/L.

According to Army policy, if the annual average radon level is greater than 4 pCi/L, the quarters will be mitigated, and the problem corrected within four years. We immediately initiated mitigation plans for all of the 52 quarters in question to lower the average annual radon levels. Since the quarters at Redstone are built on a slab, a method called Active Subslab suction was used to lower radon levels. Active Subslab suction (also called subslab depressurization) is the most common and usually the most reliable radon reduction method. Suction pipes are

See Radon on page 17



Photo by Skip Vaughn

Touched by angels

Robin Brown-Jones, left, and Charlotte Slaughter, both of Integrated Materiel Management Center, sort Christmas gifts contributed for IMMC's 13th annual angel program. The items for needy children were picked up Friday from building 5309.

Radon

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inserted through the floor slab into the crushed rock or soil underneath. The number and location of suction pipes that are needed depends on how easily air can move in the crushed rock or soil under the slab, and on the strength of the radon source. A contractor usually gets this information from visual inspection, from diagnostic tests, or from experience. Acting like a vacuum cleaner, a fan connected to the pipe or pipes draws the radon gas from below the house and then releases it into the outdoor air. Therefore, you are actually putting suction on the ground, by drawing air under the slab up through the suction fan, and ventilating the radon gas through the roof. This method has shown tremendous success in lowering the radon gas to a safe level.

Due to the age of most quarters at Redstone Arsenal, many quarters that originally tested above the action limit for radon have been demolished to make room for new quarters. As of now, we have 24 quarters left with the mitigation system that we monitor on a yearly basis to ensure the radon level stays within the safe level.

Per Army AR 200-1 (Environmental Protection and Enhancement), the newly constructed quarters at Hof Circle (quarters 1029 through 1047) were sampled for radon, and all the test results showed a safe radon level. If you would like to have your quarters retested for radon, please call your family housing branch.

The average indoor radon level is esti-

mated to be about 1.3 pCi/L, and about 0.4 pCi/L of radon is normally found in the outside air. Congress has set a long-term goal that indoor radon levels be no more than outdoor levels. While this goal is not yet technologically achievable in all cases, most homes today can be reduced to 2 pCi/L or below.

Sometimes short-term tests are less definitive about whether or not your home is above 4 pCi/L. This can happen when your results are close to 4 pCi/L. For example, if the average of your two short-term test results is 4.1 pCi/L, there is about a 50 percent chance that your year-round average is somewhat below 4 pCi/L. Even radon levels below 4 pCi/L pose some risk, and you can reduce your risk of lung cancer by lowering your radon level.

Particles can damage lungs

Radon gas decays into radioactive particles that can get trapped in your lungs when you breathe. As they break down further, these particles release small bursts of energy. This can damage lung tissue and lead to lung cancer over the course of your lifetime. Not everyone exposed to elevated levels of radon will develop lung cancer. In addition the amount of time between exposure and the onset of the disease may be many years.

Like other environmental pollutants, there is some uncertainty about the magnitude of radon health risks. However, we know more about radon risks than risks from most other cancer-causing substances. This is because estimates of radon risks are based on studies of cancer in humans (underground miners). Additional studies on more typical populations are under way.

Smoking combined with radon is an especially serious health risk. Stop smoking and lower your radon level to reduce your lung cancer risk.

Children have been reported to have greater risk than adults of certain types of cancer from radiation, but there is no conclusive data on whether children are at greater risk than adults from radon exposure.

Your chances of getting lung cancer from radon depend mostly on: how much radon is in your home, the amount of time you spend in your home and whether you are a smoker or have ever smoked.

Editor's note: Ramzi Makkouk manages the Radon Monitoring and Mitigation Program at Redstone Arsenal.



Photo by Skip Vaughn

Home for holidays

Betty Lee, left, and Pat Miller portray two aunts reminiscing through their photo album during the IMMC Holiday Party last Thursday at the Officers and Civilians Club. Some 440 members of the Integrated Materiel Management Center family attended the luncheon with the theme "Home for the Holidays."

Bowler takes another shot at making national team



Photo by Skip Vaughn

DETERMINED— Scott Huther is among about 110 top amateur bowlers who will compete for eight slots at the Team USA national bowling finals in Reno, Nev.

Former All-Army standout qualifies for ninth year

By SKIP VAUGHN
Rocket editor
skip.vaughn@redstone.army.mil

Scott Huther knows the endurance test that awaits him at the Team USA national bowling finals Jan. 6-10 in Reno, Nev.

The Redstone worker is among about 110 top amateur bowlers in the nation who will compete for eight slots on the team that represents this country in international competitions. Huther has qualified for the trials five straight years and nine overall. After 24 games the hopefuls will be cut from 110 to 32, and then to the final eight after 32 more games. The women's team is selected the same way.

Last year Huther had his best finish. He was 15th after 24 games, making the final 32. But he dropped to 31st in the last round of games. Fifty-six games in four days took its toll and gave him a sore hand.

"I'll probably have more (soreness) this year unless I get my hand strength built up," said Huther, lead clerk in the personnel services branch at Military Personnel Office.

He's trying to increase his endurance by bowling at least 10 games a day. Pin Palace in Huntsville has been supportive as a place to practice.

"The amount of games you have to bowl to be able to compete at the national is just phenomenal. I bowled 14 games yesterday," Huther said, flexing his sore right hand.

He plans to be as ready as possible, considering the level of competition that awaits him. "The majority of the people that compete don't have jobs," he said of the other bowlers and their time for preparation. "So that's the problem you run into."

Huther, 45, is a serious bowler in his spare time. He was a six time All-Army bowler, and the All-Army champion in 1991, before retiring in June 2001 as a

chief warrant officer 4. He retired at Fort Drum, N.Y., and moved here because he heard this was a good bowling community. The three former All-Army bowlers who told him about the area were Lee Weaver, who bowls at Redstone Lanes, Steve Cook and Dave Newell.

"Last year I won singles in the (Huntsville) city tournament and came in second for all events," Huther said. He had a three-game series of 776 in the tournament.

The Rochester, N.Y., native formerly held the state record for Kansas with an 887 series. He has five other sanctioned 800 series and 13 sanctioned 300 games. His average is 223.

"As a bowler, he's hard to beat. Tough," bowler Frank James, a Commissary worker, said. "The mark of a true bowler is consistency which he is."

"He's a real great bowler," John Howard, manager of Redstone Lanes, said. "He comes in my place a lot and practices at lunchtime. He throws a good ball."

Huther resides in Madison with his wife, Pam, who works part time as a medical records clerk at Westside Health Care Center in Huntsville. His son, Brian, 17, is a junior at Westminster Christian Academy. "He's also a good bowler," Huther said.

Huther bowls with Ron Ware of Huntsville, who also uses Hammer bowling equipment. He bowls Tuesday nights at Plamor Lanes, Thursday nights at Pin Palace and substitutes Monday nights at Madison Bowling Center. He's bowling more these days in the final weeks before the national finals. He qualified this year by finishing second out of 16 bowlers in the combined Kentucky-Tennessee state championships.

"I really feel that if I have a great year I can make the national team," he said. "I was pleased last year to make the top 32. Then I was disappointed because I couldn't compete like I wanted to because my hand was so sore."

Maybe his right hand will be in the right shape for this year's test.

Skip's picks

Miami favored to defend title

By SKIP VAUGHN
Rocket editor
skip.vaughn@redstone.army.mil



Skip's picks went a perfect 7-0 in the 15th week of the college football season, bringing the final season totals to 342-118 for 74 percent.

Here are my bowl game predictions:

- GMAC Bowl, Dec. 18 – Louisville over Marshall.
- Tangerine Bowl, Dec. 23 – Clemson over Texas Tech.
- Las Vegas Bowl, Dec. 25 – UCLA over New Mexico.
- Hawaii Bowl, Dec. 25 – Hawaii over Tulane.
- Motor City Bowl, Dec. 26 – Boston College over Toledo.
- Insight Bowl, Dec. 26 – Pittsburgh over Oregon State.
- Independence Bowl, Dec. 27 – Nebraska over Ole Miss.
- Houston Bowl, Dec. 27 – Oklahoma State over Southern Miss.
- Holiday Bowl, Dec. 27 – Kansas State over Arizona State.
- Continental Tire Bowl, Dec. 28 – West Virginia over Virginia.
- Alamo Bowl, Dec. 28 – Colorado over Wisconsin.
- Seattle Bowl, Dec. 30 – Oregon over Wake Forest.
- Music City Bowl, Dec. 30 – Arkansas over Minnesota.
- Humanitarian Bowl, Dec. 31 – Iowa State over Boise State.
- Sun Bowl, Dec. 31 – Purdue over Washington.
- Liberty Bowl, Dec. 31 – Colorado State over Texas Christian.
- Silicon Valley Classic, Dec. 31 – Georgia Tech over Fresno State.
- Peach Bowl, Dec. 31 – Maryland over Tennessee.
- San Francisco Bowl, Dec. 31 – Virginia Tech over Air Force.
- Cotton Bowl, Jan. 1 – Texas over Louisiana State.
- Outback Bowl, Jan. 1 – Michigan over Florida.
- Gator Bowl, Jan. 1 – Notre Dame over N.C. State.
- Capital One Bowl, Jan. 1 – Auburn over Penn State.
- Rose Bowl, Jan. 1 – Oklahoma over Washington State.
- Sugar Bowl, Jan. 1 – Georgia over Florida State.
- Orange Bowl, Jan. 2 – Southern Cal over Iowa.
- Fiesta Bowl, Jan. 3 – Miami over Ohio State.

Troop basketball teams tip off with tournament

The preseason holiday tournament for troop basketball opened Dec. 11 and concludes Jan. 7 at Pagano Gym.

Results from the first night included AMCOM def. Alpha 131st 48-39, HHC 59th def. the Marines 63-39 and Charlie

def. NCO Academy 58-27.

On Thursday night Headquarters & Alpha def. Bravo-2 team 49-18, AMCOM def. Bravo-1 team 26-25, HHC 59th def. Delta 41-40 and Charlie def. Alabam A&M ROTC 39-37.

■ Future battles will be fought in urban areas

Doctrine

continued from page 7

where 18 U.S. servicemembers were killed during a firefight in the streets of Mogadishu.

Noting the challenges U.S. conventional forces would face in a war not fought on open terrain, the panel urged the military to expand its research and development to focus on urban warfare issues.

Somalia was not the first time the U.S. military has faced the difficulties of urban warfare. From as far back as World War II, U.S. soldiers have seen close combat on city streets.

Melody said that since the end of the Cold War, the Army's thinking was the enemy wouldn't want to fight in cities any more than American soldiers did.

"However," he said, "one of the big lessons learned since World War II was that we needed to come up with a doctrine so that Army forces in the future would be better prepared for this type of war fighting."

In recent years, the Army has been preparing units for the challenges of urban warfare at its new \$34-million state-of-the-art MOUT training facility at

the Joint Readiness Training Center, Fort Polk, La. The mock city has three sites and about 40 buildings spread over seven acres. The site, which can support light and heavy operations from squad to brigade, in addition to air/land, air assault and limited airborne operations, provides units with a realistic feel of combat through a sophisticated smoke and sound system.

The Army has similar sites, although not as advanced, at Fort Hood, Texas, and Fort Leavenworth, Kan., and in Europe. The service is also planning to construct up to 80 new MOUT sites by 2009.

Each year the Fort Polk facility trains up to 11 Army light-infantry brigades and National Guard units how to clear fortified buildings and engage enemy forces embedded behind city walls.

Maj. Perry Beissel, officer in charge of Military Operations on Urbanized Terrain and executive officer of the Live-Fire Division at the center, said soldiers are trained in "every conceivable" combat scenario over a four-week period, often under live-fire conditions.

"Essentially, we are where the rubber meets the road," Beissel said. "You're not going to get a free ride. You basically have to fight your way into the town and fight your way back out."

**Sports & Recreation****Volleyball league**

The Redstone Volleyball League has had three weeks of competition with some teams facing teams that need more clinics to improve their skills, according to organizer Felix Milar. The league will take a holiday break and resume play and clinics Jan. 12. For more information, call Milar 313-6091 or 313-1200.

Basketball clinics

Upcoming clinics at Optimist Park Gym include a Basketball Coaches Clinic, Friday from 6-8 p.m., cost is \$15 and includes a free T-shirt; and a Basketball Clinic for Youth (ages 8-12) Saturday, boys 9 a.m. to noon and girls 1-4 p.m., cost is \$20 and includes a free T-shirt. Call 325-7529 or register online at www.playsmartt.com.

Youth gymnastics instructor

Youth Sports is looking for a qualified gymnastics instructor for beginning and intermediate classes to be held on post. Instruction will be available for ages 5-18. Interested individuals should call Missy Richards, youth sports director, 313-3699.

Youth basketball openings

Youth Sports still has a few basketball openings for the 9-10 and 11-12 coed age groups. Anyone interested may call 313-

3699 or 313-3735. This activity is open to youth whose parents/guardians are military, retired military, DoD or Army civilians, RSA contractor, or NASA employees. A copy of a current immunization record must accompany registration.

Racquetball tournament

MWR Sports and Fitness is holding a racquetball tournament for the entire Redstone community. Signup continues through Jan. 13 at the Redstone Fitness Center, building 3705 on Aerobee Road. Cost is \$10 singles, \$18 doubles. Prizes will be awarded to the top three individuals/teams in each category. Lunchtime play will be available, and notification is necessary upon registration. Tournament play runs Jan. 20 through March 31. For more information, stop by the fitness center or call 313-1202/1203.

Endurance athletes

CSM Lawrence Rogers, the Garrison command sergeant major, is looking for eight well-conditioned determined individuals to walk or run 26.2 miles in the desert of White Sands, N.M. There are two basic categories in this Bataan Death March competition, light or heavy. Training will start Jan. 7 at 5:30 a.m. in front of Bicentennial Chapel. Be prepared to train at least three days during the week with Saturdays (not every) morning as a long walk/run day. This year's event is March 30 at White Sands. For more information, send an e-mail to lawrence.rogers@redstone.army.mil.

**Conferences & Meetings****Sergeants major**

The Sergeants Major Association will hold its monthly meeting Thursday from 6:30-7:30 in the morning at the Redstone Golf Club. The association is open to E-9s from all services, Army, Air Force, Marines, Coast Guard, National Guard and Reserve. For more information, call retired CSM Jean Rose 313-1659.

Alabama State alums

The Rocket City Alumni Chapter of Alabama State University will have its monthly meeting Saturday at 8:30 a.m. at the Piccadilly Cafeteria in Madison Square Mall.

Airborne association

The Vulcan Chapter of the 82nd Airborne Division Association meets on the third Saturday of each month. Membership is open to anyone who is airborne qualified, as well as anyone who has served in a unit assigned or attached to the 82nd Airborne Division. Anyone interested in the association or attending the meetings can call Barry Simpson 533-3000 or Dennis Camp 883-7488.

**Miscellaneous****Catholic pilgrimage**

Our Lady of the Valley Catholic community at Bicentennial Chapel is planning a pilgrimage to Our Lady of Lourdes Shrine, Lourdes, France for the annual International Military Pilgrimage. The patrons will be in France May 14-23. Many sightseeing trips are included in this pilgrimage, to include a day trip to Utah and Omaha Beaches, visit to the American Cemetery, and two days in Paris. The price of this pilgrimage is approximately \$1,677 per person based on double occupancy leaving from Huntsville and \$1,560 per person based on double occupancy leaving from Atlanta. Cost includes roundtrip coach air fare, transfers, tours, two meals per day, 4-star hotels and taxes. For more information, call Donna Ragucci 461-9415.

Apprentice program

The Science and Engineering Apprentice Program is held each summer to give academically talented high school and college students research experience with mentors at the Aviation and Missile Command. Applications are available from high school senior counselors or college placement services; and the deadline is Jan. 31. For more information, call Betty Duke of the Civilian Personnel Advisory Center 313-4790.

New Year's Eve gala

The Officers and Civilians Club is having another blow-out New Year's Eve party Dec. 31. We're starting with a buffet dinner served 7-9 p.m. and live music by "The Usual Suspects." Ticket price is \$35 per person and includes dinner, entertainment, continental breakfast from midnight to 1 a.m., party favors, and champagne for toasting. We're also offering an all-inclusive on-post lodging package. You do the celebrating, we do the driving. Includes lodging on Redstone Arsenal in cottages or deluxe hotel rooms, transportation to and from the New Year's Eve gala, dinner and dance. Sixty-six deluxe rooms - \$115.50 per couple and five cottages - \$127.50 per couple. For tickets, call 830-CLUB or call Redstone lodging 837-4130/876-5713 for the New Year's Eve gala package. This event is open to the entire Redstone community. The Challenger Activity Center, building 1500 on Weeden Mountain Road, will open for its New Year's Party at 6 p.m. Dec. 31. The \$15 ticket price includes DJ/karaoke, hors d'oeuvres, party favors and champagne. Call 837-0750/0751 for details. The Firehouse Pub, on Hankins Road, will also open for its New Year's Party at 6 p.m. Dec. 31. The \$10 ticket price includes DJ/karaoke, Tommy McPerson, hors d'oeuvres, party favors and champagne. Call 830-2582 or 842-0748 for details.

Weather closings

If inclement weather causes Redstone Arsenal to close or delay its opening, tune in to any of the following stations for the most current information: Radio WAHR, 99.1FM; WDRM, 102FM; WEKR, 1240AM; WEUP, 1600 AM;

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Announcements

gift-wrapping booth, located outside the PX, are: 11:30 a.m. to 8 p.m. through Dec. 23 and 11:30 a.m. to 6 p.m. Dec. 24.

Smooth move briefing

Soldiers making a permanent change of station can make their next move a smooth move by attending the levy briefing scheduled 1 p.m. Thursday at building 3338, the intersection of Redeye and Mauler. Speakers will include representatives from Housing, Education Center, Military Personnel Office, Transportation, Travel and Army Community Service. For more information, call Mary Breeden 876-5397.

Holiday bingo

On Sunday all bingo participants will receive one free game pack at the Challenger Activity Center. Door prizes will be two smoked hams and bingo grab bags. Games start at 1:45 p.m. at building 1500 on Weeden Mountain Road. Bingo is open to the entire Redstone community 19 and older. Active duty and retired military, DoD/Army civilians and RSA/NASA contractors are welcome. For more information, call 830-0750.

Welfare contributions

Every year the Officer and Civilian

Women's Club makes contributions to a variety of organizations. This year a "Welfare Request Form" is being used to standardize the process by collecting the same information from each requesting organization. Welfare Request Forms are available at Army Community Service (building 3338), by mail (OCWC, Attn: Welfare Chairman, P.O. Box 8113, Redstone Arsenal, AL, 35808), and via e-mail from adlunn@knology.net or dbusk@aol.com. All requests must conform to the OCWC Welfare Request Form. The request deadline is Feb. 28. For more information, call Angie Lunn 837-3310 or Dede Busk 430-1083.

Babysitting class

Child and Youth Services will hold a free Teen Babysitting Class for ages 11 and older, Jan. 6-7 from 9 a.m. to 1:30 p.m. This two-day class will be held at the Challenger Community Activity Center, building 1500 on Weeden Mountain Road. The class will cover safety issues, diapering a child, feeding a child, play activities, first-aid, and emergency procedures. Participants should bring a sack lunch both days. Call in advance to reserve a space. To register or for more information, call Shellie 876-7952 or Evelyn 313-3609.

Thrift shop

The Thrift Shop, building 3209 on Hercules Road, is open for shopping Wednesdays and Fridays from 9-4 and Thursdays from 9-5. Walk-in consignment hours are Wednesdays, Thursdays and Fridays from 9-12:30. The shop has appointments Wednesdays and Thursdays 12:30-3. Donations are accepted and tax slips are available. The shop will be closed from Dec. 25 through Jan. 4 for the holidays. For more information, call 881-6992.

Master's degrees

Nova Southeastern University will hold an information meeting on its Master of Business Administration program from 6-8 p.m. Thursday at Calhoun Community College, conference room 101-E, 102 Wynn Drive. The program offers classes at Calhoun in Huntsville on an 18-month, alternate weekend format. For more information call Bill Spade 800-672-7223, extension 5046, or e-mail at bill@huizenga.nova.edu.

Commander's message

Employees are encouraged to connect to the AMC web site: www.amc.army.mil to view a short holiday greeting from Gen. Paul Kern, commander of Army Materiel Command.

National Guard recruiting

The Alabama Army National Guard is seeking motivated individuals for part-time employment. "Start or continue your military career with the best part-time job in America," a prepared release said. If you know someone who needs college money, job training, retirement or just wants to serve their country, call SSgt. Joe Cox 881-2889 or 707-8467 or call Sgt. Mike Alexander 350-1610.

Academy gala

The Janice Mitchell Isbell Academy will hold its New Year's Eve Gala, Dec. 31 at the Parish Life Center, St. Joseph Church, 2300 Beasley Ave. All are invited. The Isbell Academy serves students who have learning disabilities or are struggling in traditional classrooms. For more information, call 746-9206.

Dining facility

The military dining facility will have the following schedule Christmas Day: breakfast 7-8 a.m., Christmas meal 11 a.m. to 2:30 p.m., single soldiers (initial entry training) 11-noon, soldiers with family and retirees noon-2:30 p.m. The facility will be open to all active duty, family members, retirees and guest. Cost of the meal is \$5.25, and \$4.55 for dependents of soldiers E-4 and below. For more information call Hal Weatherman, food adviser, 876-3067.

ARMY POSITION VACANCY ANNOUNCEMENTS REDSTONE ARSENAL AND HUNTSVILLE, ALABAMA AREA

ANNOUNCEMENTS	POSITION TITLE	CLOSING	ORGANIZATION	PAY PLAN	GRADE	POT	PAY RANGE	WHO CAN APPLY?												
		DATE	LOCATION	& SERIES	LEVEL	GRD	(FROM - TO)	A	B	C	D	E	F	H	I	R	T	V	U	
THE FOLLOWING ARMY ANNOUNCEMENTS CAN BE FOUND ON THE WEB AT WWW.CPOL.ARMY.MIL																				
02BK013079VW1	General Engineer	18-Dec-02	SMDC	GS-0801	14	14	76,580 - 99,552	X											X	
02BK143476BR1	Supvy Log Mgmt Spec	18-Dec-02	LOGSA	GS-0346	14	14	76,580 - 99,552	X												
SCBK03135429	Administrative Officer	19-Dec-02	CofE Huntsville	GS-0341	11	11	45,469 - 59,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0137441RM2	Business Mgmt Officer	19-Dec-02	PEO Aviation	NH-0301	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0142984MW2	Metallurgist	19-Dec-02	AMRDEC	DB-1321	3	3	54,495 - 84,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0140529DR2	Support Assistant (OA)	20-Dec-02	PEO Combat	GS-0303	6	6	27,645 - 35,941	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK014499ODR2	Secretary (OA)	20-Dec-02	SHORAD PO	GS-0318	9	9	37,579 - 48,849	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0143447BM1	Attorney-Adviser (Contracts)	20-Dec-02	AMASML	GS-0905	13	13	64,803 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
SCBK03134659	Supvy Civil Engineer	20-Dec-02	CofE Huntsville	GS-0810	14	14	76,271 - 99,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0135151RM2	Supvy General Engineer	20-Dec-02	PEO Aviation	NH-0801	4	4	76,850 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
03BK0143653DF2	Human Resource Spec	23-Dec-02	AMSAM-PT	GS-0201	9	11	37,579 - 59,105	X												
02BK0146591BR1	Supvy Log Mgmt Spec	23-Dec-02	LOGSA	GS-0346	13	13	64,803 - 84,241	X												
02BK0141706DC1	Exce Family Member Program Coordinator	26-Dec-02	GARRISON	GS-0101	11	11	45,469 - 59,105	X												
02BK0143640MS1	Intelligence Spec (I TS)	26-Dec-02	ISD	GG-0132	11	11	45,469 - 59,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0140877MS1	Program Analyst	26-Dec-02	SMDC	GS-0343	13	13	59,409 - 77,229	X												
02BK0144322MS1	Security Specialist	26-Dec-02	ISD	GG-0080	13	13	64,803 - 84,241	X												
02BK0140866MS1	Budget Analyst	26-Dec-02	SMDC	GS-0560	14	14	76,580 - 99,552	X												
02BK0127250MR2	Supvy Computer Engineer	26-Dec-02	OCS	GS-0854	15	15	90,078 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0130870FM2	Lead General Engineer	27-Dec-02	AMRDEC	DB-0801	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0140077OD2	Lead General Engineer	29-Dec-02	AMRDEC	DB-0801	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
MD-02-2027	Social Worker	30-Dec-02	MEDCOM	GS-0185	9-11	12	37,428 - 81,180	X	X	X	X	X	X	X	X	X	X	X	X	X
MD-02-2024	Counseling Psychologist	31-Dec-02	MEDCOM	GS-0180	9-11	12	37,428 - 81,180	X	X	X	X	X	X	X	X	X	X	X	X	X
MD-02-1286	Nurse (Various Occup Spec)	31-Dec-02	MEDCOM	GS-0610	9-10	11-12	37,428 - 78,366	X	X	X	X	X	X	X	X	X	X	X	X	X
MD-02-1325	Medical Tech (Various Occup Spec)	31-Dec-02	MEDCOM	GS-0644	5-7-9	11-12	24,701 - 77,309	X	X	X	X	X	X	X	X	X	X	X	X	X
MD-02-1303	Medical Officer	31-Dec-02	MEDCOM	GS-0602	11-12-13	14-15	50,964 - 114,251	X	X	X	X	X	X	X	X	X	X	X	X	X
MD-02-1295	Pharmacist	31-Dec-02	MEDCOM	GS-0660	9,11	12,13	37,428 - 85,184	X	X	X	X	X	X	X	X	X	X	X	X	X
SCBK03127239	Architect	2-Jan-03	CofE Huntsville	GS-0808	11	12	47,240 - 70,841	X												
02BK0135458MW2	Electronics Engineer	9-Jan-03	AMRDEC	DB-0855	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK0141678FM2	Mechanical Engineer	17-Jan-03	AMRDEC	DB-0830	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK060779JH3	Equipment Specialist (Gen)	27-Feb-03	IMMC	GS-1670	12	12	54,275 - 70,555	X	X	X	X	X	X	X	X	X	X	X	X	X
02BK06825JH3	Equipment Specialist (Air)	27-Feb-03	IMMC	GS-1670	12	12	54,275 - 70,555	X	X	X	X	X	X	X	X	X	X	X	X	X

THE FOLLOWING OPM/DEU ANNOUNCEMENTS CAN BE FOUND ON THE WEB AT WWW.USAJOBS.OPM.GOV																				
X-SP-03-4597-ST	Info Technology Spec	18-Dec-02	Office Sec of Army	GS-2210	12	12	56,454 - 73,387	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4561-RD	Lead General Engineer	19-Dec-02	Office Sec of Army	DB-0801	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4587-RD	Aerospace Engineer	20-Dec-02	Office Sec of Army	DB-0861	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
X-AO-03-4543-AO	Supvy Civil Engineer	21-Dec-02	Office Sec of Army	GS-0810	14	14	76,271 - 99,105	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4586-RD	Oper Research Analyst	23-Dec-02	Office Sec of Army	GS-1515	13	13	64,803 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4596	Metallurgist	23-Dec-02	Office Sec of Army	DB-1321	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4599-LW	Electronics Engineer	23-Dec-02	Office Sec of Army	DB-0855	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4598	Electrical Engineer	23-Dec-02	Office Sec of Army	DB-0850	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
XSP-03-4546-ST	Supvy Computer Engineer	24-Dec-02	Office Sec of Army	GS-0854	15	15	90,078 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
X-SP-03-4564-ST	Business Mgmt Officer	30-Dec-02	Office Sec of Army	NH-0301	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4577-RD	Lead General Engineer	2-Jan-03	Office Sec of Army	DB-0801	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
X-LW-03-4562-RD	Mechanical Engineer	3-Jan-03	Office Sec of Army	DB-0830	3	3	54,495 - 84,241	X	X	X	X	X	X	X	X	X	X	X	X	X
X-SP-03-4566-ST	Supvy General Engineer	6-Jan-02	Office Sec of Army	NH-0801	4	4	76,580 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X
X-SP-03-4581-ST	Supvy General Engineer	9-Jan-03	Office Sec of Army	GS-0801	15	15	90,078 - 117,105	X	X	X	X	X	X	X	X	X	X	X	X	X

WHO CAN APPLY CODE DEFINITIONS (Note: Only U.S. citizens are eligible to apply for Army positions)

A - Army permanent competitive service employees and certain Army excepted service employees serviced by Redstone CPAC.
 B - All Army permanent competitive service employees and certain Army excepted service employees (SF-50 documenting service required).
 C - Compensably Disabled Veterans receiving 30% or more compensation from a military service or the VA (SF-15 and other documentation required).
 D - All Department of Defense competitive service employees and certain DOD excepted service employees (SF-50 documenting service required).
 E - Executive Order 12721 eligibles. (Former overseas family member employees who meet eligibility requirements).
 F - All Federal Employees
 H - Severely handicapped persons (Documentation from State Vocational Rehabilitation Service required)
 I - Interagency Career Transition Assist Plan (ICTAP). (Non-DOD Federal employees who have been displaced by RIF.)
 R - Reinstatement eligibles (former competitive service Federal employees who meet eligibility requirement.)
 T - Transfer eligibles (non-Army Federal competitive service employees) (SF-50 documenting service required)
 V - Certain veterans and prior military members who meet the eligibility criteria under VRA or VEOA programs (DD-214s or proof of service required).
 U - All U.S. citizens

NOTE: If you are interested, carefully read the announcement for the official area of consideration, qualification requirements, and application procedures.
 NOTE: The Nonappropriated Fund (NAF) Personnel Office accepts applications for various types of positions, i.e., Cashier, Food Service, Custodial, Bartender. A complete listing of all available positions can be viewed on the web at www.redstonemwr.com, or you may telephone 876-7772.